

Fard Prayer of Salat ul Maghrib (Islam late afternoon prayer) - Step by Step  
3 Rak'ah

First Rak'ah

1. Wudu/Ablution – obligatory washing of the body in preparation of formal prayer
  - a. Wash the face
  - b. Wash both arms to the elbows
  - c. Masah – cleaning part of the head, wet hands are passed over the head, index fingers and palms from front to back, not to be done if you're wearing a head covering (the women won't)
  - d. Wash both feet once up to the ankles, can't just pass a wet hand over feet
2. Niyah – intention, you must have one before your prayer, can be said outloud, but where spoken or not it must be spoken from the heart
  - a. This is hands to ears
  - b. "I intend to perform today's Fard prayer for Maghrib
  - c. "Allahu Akbar"
3. Hands – right over left, men at navel, women at chest
  - a. "In the name of Allah, most gracious, most merciful, all praise is due to Allah, Lord of all that exists. The most gracious, the most merciful, Master of the Day of Judgement. You alone we worship, You alone we ask for help. Guide us to the straight way, the way on those whom You have bestowed Your grace, not the way of those who have earned your anger, nor of those who went astray. Ameen. In the name of Allah, most gracious, most merciful. By the time, verily, man is at loss, except those that believe and do righteous good deeds, and recommend one another to the truth. Allah is the greatest"
4. Bend over – hands to knees, back and legs straight
  - a. "Glory be to my Lord, the most great. Glory be to my Lord, the most great. Glory be to my Lord, the most great"
5. Stand
  - a. "Allah hears those who praise him. Praise is due to our Lord"
6. To the floor
  - a. Men – forehead to floor, knees at a right angle, elbows out, hands close to head at ears
  - b. Women – forehead to floor, knees bent so stomach is touching thighs, elbows in, hands at ears
  - c. "Allah is the greatest. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high."
7. Sit back, hands on knees, relaxed position, left foot horizontally under, right foot out vertically to the sit
  - a. "Allah is the greatest. My Lord forgive me."
8. Back to floor (repeat 7)
  - a. "Allah is the greatest. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high."
9. Stand, hands together (repeat of 4)
  - a. "Allah is the greatest. "In the name of Allah, most gracious, most merciful, all praise is due to Allah, Lord of all that exists. . The most gracious, the most merciful, Master of the Day of Judgment. You alone we worship, You alone we

ask for help. Guide us to the straight way, the way on those whom You have bestowed Your grace, not the way of those who have earned your anger, nor of those who went astray. Ameen. In the name of Allah, most gracious, most merciful. Say, He is Allah, the One. Allah the Eternal, Self Sufficient Master. He begets not, nor was he begotten. And there is none equal or comparable to him. Allah is the greatest.”

b. ”

10. Bend over (repeat of 5)

- a. Glory be to my Lord, the most great. Glory be to my Lord, the most great.  
Glory be to my Lord, the most great

11. Stand back up straight

- a. Allah hears those who praise him. Praise is due to our Lord

12. To the floor (repeat 7, 9)

- a. Allah is the greatest. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high

13. Sit up (repeat 8)

- a. Allah is the greatest.

14. To the floor (repeat 7)

- a. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high

15. Sit up (repeat 8)

- a. Allah is the greatest. All compliments, prayers, and pure words are for Allah. Peace and mercy and blessings of Allah be upon you, O Prophet. Peace be upon us and all of Allah’s righteous servant. I bear witness that none has the right to be worshipped except Allah and I bear witness that Muhammad is His Slave and Messenger.

16. Point finger on right hand

17. Relaxed sitting – sitting on left foot horizontally, right foot at side vertically

18. Stand

- a. Allah is the Greatest

19. Hands at navel/chest

- a. In the name of Allah, most gracious, most merciful. All praise is due to Allah, Lord of all that exists. The most gracious, the most merciful. Master of the Day of Judgment. You alone we worship and you alone we ask for help. Guide us to the straight way. The way of those on whom you have bestowed your grace. Not the way of those who have earned your anger, nor of those who went astray. Ameen.

20. Bend – hands at knees

- a. Allah is the greatest. Glory be to my Lord, the most great. Glory be to my Lord, the most great. Glory be to my Lord, the most great.

21. Back to floor (repeat 7)

- a. Allah hears those who praise him. Praise is due to our Lord. Allah is the greatest. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high.

22. Sit up – relaxed position

- a. Allah is the Greatest

23. Back to floor (repeat 7)

- a. Allah is the Greatest. Glory be to my Lord, the most high. Glory be to my Lord, the most high. Glory be to my Lord, the most high.

24. Sit up (relaxed)

- a. Allah is the greatest. All compliments, prayers, and pure words are for Allah. Peace and the mercy and blessings of Allah be upon you, O prophet. Peace be upon us, and all of Allah's righteous servants. I bear witness that none has the right to be worshipped except Allah and I bear witness that Muhammad is his Slave and his Messenger. O Allah, send prayers upon Muhammad and the followers of Muhammad just as you sent prayers upon Ibrahim and the followers of Ibrahim. O Allah, send prayers upon Muhammad and upon the family of Muhammad just as you sent prayers upon Ibrahim and upon the family of Ibrahim. Verily, you are full of praise and majesty. Oh Allah, I take refuge in you from the punishment of the grave, from the torment of the fire, from the trials and tribulations of life and death and from the evil affliction of the false Messiah.

25. Point index finger on right hand

26. Look to the right downwards (gaze is always downwards)

- a. Peace and Blessings of Allah be upon you.

27. Look to the left, also downwards

- a. Peace and Blessings of Allah be upon you.

Video for physical stance while praying

<https://www.youtube.com/watch?v=er-j49HVnbg>

Video for dialogue during while praying

<https://www.youtube.com/watch?v=Hiwx-Ps8ak>